



## Junior Umpire Guidelines

### Role of an Umpire

Remember that your job as an umpire is to ensure that the game is played fairly under the **Rules of the Game**.

### Umpire's Tools

**Whistle** – A Thunder finger whistle is recommended, but any whistle will do. Just remember to keep your whistle at your side when not being used. You need to blow your whistle with short sharp blasts. Make sure players and the other umpire can hear it.

**Band** – Use an elastic band on your hand to keep track of which team has the next centre pass. After each goal is scored change the band to the other hand. The centre pass is then given to the team having the goal end the umpire's ring or band is on. At the end of a quarter, **do not** change the hand the band is on.

**Voice** - Make every effort to project your voice across the whole of the court when making decisions and calling the centre pass after a goal etc. Do not just talk to the players in and around an infringement that you have penalised. Try to keep your voice firm but friendly. Make sure your instructions are simple and clear.

**Hand Signals** – Learn the correct hand signals and use them. This will help players understand your calls.

**Official Rules** – Get a copy of the rules and read it! Purchase the Rule Book from Qld Netball online or download the 'Rules of Netball' app onto your phone.

**Clothing** - All umpires are to wear **white collared** shirts, white skirt or shorts. Our club will have Cannon Hill Umpire Shirts available for you to wear over your netball dress, when you decide to continue in the role.

### What you need to do before umpiring a Saturday game

1. Be familiar with the local MDNA COVID policies and procedures (these will be communicated when enacted).
2. Sign in at the umpiring window (if not following MDNA COVID policies).
3. Introduce yourself to the other umpire. Agree on which side to umpire. The most senior umpire should be on the parent sideline. Also meet with each other at quarter times in the middle of the court. It is good to have a good relationship with the other umpires because you all have to support each other.

4. Check the court and equipment to make sure it's safe.
5. Check the players for:
  - a. Uniforms
  - b. Jewellery, earrings, nose and/or belly rings, rings (wedding ring is accepted if taped), anklets. **Earrings cannot be taped** (this is part of Netball Australia ruling).
  - c. Netball gloves **cannot** be worn on Saturday competitions (this is a MDNA ruling).
  - d. Correct length of fingernails.
6. Be ready in your sideline position to start the game when the time signal sounds.

### Hand Signals

It is important to use good hand signals each time you blow the whistle. This helps the other umpire and players on the court know why you have blown your whistle.

Your hand signals basically "mimic" the action on the court.

Stepping	Moving Hands in an up and down motion, slowly and deliberately.
Obstruction	Hands apart in front of body.
Personal Contact	One hand hits the other on the wrist or area of contact.
Held Ball	3 Fingers apart held up.
Direction of Pass	Arm pointed towards one goal line.
Toss Up	Palm of hand moved vertically upward
Take	Time Arm upright with palm open.
Short Pass	Hands held a short distance apart in front of the body.
Breaking/Offside/ Over Third	Hand and arm moving in an arc beside the body
Advantage	Arm swept outright in front of the body in the direction of play

UMPIRING TECHNIQUES

UMPIRING

○ HAND SIGNALS

SOME EXAMPLES OF COMMONLY USED HAND SIGNALS



START/RESTART OF PLAY



START/RESTART OF PLAY



HOLD TIME



DIRECTION OF PASS



THROW IN - GOAL LINE



TOSS UP



ADVANTAGE



GOAL SCORED



GOAL NOT SCORED



FOOTWORK



CENTRE POSITIONED



INCORRECT ENTRY TO AREA

UMPIRING TECHNIQUES

UMPIRING

○ HAND SIGNALS

SOME EXAMPLES OF COMMONLY USED HAND SIGNALS



BALL OVER A THIRD



HELD BALL



SHORT PASS



INCORRECT PLAYING THE BALL



OBSTRUCTION OF PLAYER WITH BALL



OBSTRUCTION OF PLAYER WITHOUT BALL



INTIMIDATION



CONTACT



OFFICIAL WARNING



SUSPENSION



ORDERING OFF

HAND SIGNALS QUICK GUIDE

